

Reiki's Grace

FLOWING FROM THE DIVINE SOURCE OF REIKI
Through Dr. Mikao Usui In the Presence of His Light Being
& The Masters Nirula
on 4th February 2010

Reiki – I	Today do 3 touch body healings (each with 1 affirmation at a time). Starting 5 th February : Repeat 1 st affirmation on all 31 points for 21 days, then 2 nd affirmation for next 21 days and then 3 rd affirmation for next 21 days – repeat throughout the year every 63 days.
<u>Reiki – II / III</u> <u>A/ Masters</u>	Chakra Affirmation – today all 3 (1 insertion each). Every 43 days choose 1 affirmation and insert in chakras as a chakra affirmation (six insertions). Repeat throughout the year.
KQ Healers Basic	Do 3 insertions (each with 1 affirmation at a time) on 19 chakras with Web, Kleem, Kreem and KQ Prime symbols. Repeat 1 st affirmation on all 19 points for 21 days, then 2 nd affirmation for next 21 days and then 3 rd affirmation for next 21 days – repeat throughout the year every 63 days.
KQ Advanced	Do 3 insertions (each with 1 affirmation at a time) on 19 chakras with Web, Kleem, Kreem and KQ Advanced symbols and use colours of 19 chakras. Repeat 1 st affirmation on all 19 points for 21 days, then 2 nd affirmation for next 21 days and then 3 rd affirmation for next 21 days – repeat throughout the year every 63 days.
KQ Quantum	Do 3 insertions (each with 1 affirmation at a time) on 19 chakras with Web, Kleem, Kreem, KQ Advance and Quantum symbols along with grounding negativities through umbilical cord. Repeat 1 st affirmation on all 19 points for 21 days, then 2 nd affirmation for next 21 days and then 3 rd affirmation for next 21 days – repeat throughout the year every 63 days.
Affirmation 1	_____ is a totally blessed, serene, satiated, gifted and dedicated healer and is living an extraordinary life full of abundance, totally blessed, magical, vibrant, phenomenal, captivating, perfect, fantastic, extraordinary being, exuding love. _____'s (Name) five senses funnel a series of sensation to his/her brain and are translated into the brain internally creating sensations of wellness, helping to change his/her life and shape his/her destiny, expanding his/her level of choices, re-shaping his/her beliefs and impacting his/her actions taking him/her towards complete freedom to access Divine Grace.
Affirmation 2	_____ is a totally blessed, serene, satiated, gifted and dedicated healer and is living an extraordinary life full of abundance, totally blessed, magical, vibrant, phenomenal, captivating, perfect, fantastic, extraordinary being, exuding love. _____ (Name) spreads the light of Divine grace and surrenders to the zone of purity, compassion, abundance, bliss, passion, stimulation and energization, maximizing the pleasure centers and he/she is committed to following through and establishing new patterns of light, life and healing ; creating new highways to pleasure, under the umbrella of Divine Grace and the Masters.
Affirmation 3	_____ is a totally blessed, serene, satiated, gifted and dedicated healer and is living an extraordinary life full of abundance, totally blessed, magical, vibrant, phenomenal, captivating, perfect, fantastic, extraordinary being, exuding love. _____ 's(Name) boredom, impatience, unease, distress, embarrassment, fearfulness and anger are re-defined and all _____'s (Name) actions are changed and the quality of results produced by his/her actions are extraordinary. _____(Name) elegantly and appropriately communicates with all relationships without false perception of expectations, healing all disappointments at the source itself.

**Dr. Mikao Usui's Birthday Celebration
With the Masters Nirula**

4th February 2010

Use these affirmations at the respective chakras to heal blocks
or use in any method of healing - throughout the year 2010 and onwards.

1. **Lowest Root** - _____ (Name) connects to healing that transforms a tremendous force of energy and grounds the negative automatically and brings the wellness in the now to all on planet earth and thus the soul within masters the emotional sanctuary of peacefulness.
2. **Lower Root** - _____ (Name) links himself/herself with the healing energies and the universal creative forces of wellness expand mind, heart, intelligence and minimize the experience of negative emotions.
3. **Feet Soles** - _____ (Name) walks the path again and again, as he/she gets lots of chances in life, if he/she fails, he/she tries again creating a magnificent reservoir of resources.
4. **Toes** - _____ (Name) enjoys the adventure of life, finding new meaning, more interesting as the spirit is alive and willing and turning the invisible into the visible.
5. **Ankles** - _____ (Name) learns from his/her mistakes and failures and develops new skills and becomes a better healer and player in the game of life, setting new goals followed by consistent action towards fulfillment.
6. **Calves** - _____ (Name) works and charts his/her life with responsibility and mental fortitude and coaxes his/her creativity to exercise excellence mentally, emotionally, physically, spiritually and financially.
7. **Knees** - _____ (Name) does not need the guarantee of success before he/she tries, and plays the game of life with aptitude, skill, intelligence, planning and prowess helping to get to the destination with greater clarity.
8. **Thighs** - _____ (Name) challenges, stretches, expands the miraculous powers of his/her brain for benefit and betterment and uses his/her imagination to reach for and realize the best, drawing closer to life's true purpose.
9. **Root** - _____ (Name) is within the realm of the trillions of light atoms which makes his/her spiritual and physical beings harmonized forever, and brings the light upon the planet, healing the drive to achieve and contributing forever.
10. **Kundalini** - As _____ (Name) heals, he/she brings the healing touch within the reach of everyone and sees to it that all are healed in 2010 including the yesterdays, today's and tomorrows.
11. **Hara** - _____ (Name) heals and brings relief to chronic and serious illnesses within his/her realm and heals the planet of all chronic disease wanting nothing but to share the bountiful happiness in the storehouse of the cosmos.
12. **Navel** - _____ (Name) heals the body and mind by manipulating the energy fields that animate through healing by touch and slowly brings his/her body to a state of spontaneous evolution bringing a gift of value beyond compare.

13. **Kidneys** - _____ (Name) is put in touch with his/her own powerful healing abilities and the gift of healing and invigorates his/her human energy field towards permanent wellness forever, bringing a quality of life of wellness untouched till now .
14. **Solar Plexus** - _____ (Name) heals to remove blockages and integrate the higher and lower energies and restores the brightness and clarity of mind and body in the now and enjoys the comfort of being within this space bringing an unbelievable level of persistence to the healing work.
15. **Heart (Front)** - _____ (Name) brings himself/herself back to his/her center of wholeness and optimal wellness and the body sustains health permanently forever and the vision of healing is never abandoned.
16. **Heart (Back)** - _____ (Name) comes to know his/her true nature, desires and abilities and frees himself/herself of frustration, anger and disease, as he/she walks the road of freedom along the destiny path.
17. **Throat** - _____ (Name) unfolds the mystery of life and derives enlightenment and the unique gift of discovering his/her innermost self, and knows that all is healed. _____ (Name) is willing to suspend judgement in order to activate wellness and enhanced development.
18. **Third Eye** - _____ (Name) lives life, understanding his/her own unique functions, strengths, weaknesses, talents and abilities and works in coordination with the energy field that connects him/her permanently to the Divine grace and knows that there is perfection all around which is inspiring enough helping to create the power and gently unleashing the Divine grace to fulfill desires.
19. **Crown** - _____ (Name) works in harmony with all spheres to bring forth wellness in his/her life to create spiritual opportunities feeding the inner self with nourishment for now and forever.
20. **Higher Crown** - _____ 's (Name) energy runs through him/her like a river of light and integrates emotion, instinct of the heart and lower organs to work in tandem to bring spiritual perfection and harmony, knowing that every thing in life happens for a reason and a purpose and it helps us in succeeding.
21. **Highest Crown** - _____ (Name) has become sensitive to the mystical forces operative in human life and brings his/her spiritual awareness to its highest order and creates healing by his/her presence to those who are open to receiving at the highest spiritual level to heal all pain forever.