

“Knock and the door will open”

Forgiveness



When people come to our healing workshops and seminars, sometimes they are drawn there seeking out the spiritual or ‘mystical’ out of curiosity. Often they go back wonderstruck after experiencing the magical healing and want to share what they have actualized. But people at home can feel threatened by these new ideas and transformations as they witness them, and so forbid continuation of the healing work.

Yona was a lonely, inoffensive fifty-year-old woman starved of affection when she healed herself. She began to clearly see that David, her husband, controlled her with anger and insult. He was continuously angry and abusive. He always doubted her activities, took all her income and added insult to injury as he physically abused her after intoxication. He was sometimes repentant in the morning and begged forgiveness, but this did not stop his repetitive behavior.

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During the seminar Yona confessed her helplessness in dealing with the situation. Nalinji encouraged her to use the healing energies to heal herself and simultaneously channel the Divine energy to David’s mind and karmic soul patterns.

With the healing grace she received and experienced, Yona also got the courage to walk away from the abuse and separate from David. No one in their circle understood the reason for Yona’s decision – she only sent out a healing affirmation in the universe for a miracle of forgiveness.

Yona moved to her sister’s home fully understanding her need to be physically separate from David so that she could harness her inner strength and take long-term decisions. She constantly connected with the healing force within her and asked for guidance. Her inner self still loved David dearly, but her intellectual self needed to evaluate her true purpose of life.

Three days after she left home, Yona got a message from her husband saying

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that he had to meet her immediately. She thought David was going to ask for a divorce. But, instead he told her he had been diagnosed with a brain tumor. Yona saw for the first time a scared and lonely man who was entrapped in his own jail cell of recrimination and withdrawal and misery.

Begging for another chance and requesting for healing he approached her in great humility. Then came the miracle! Yona's desperate need to help the lonely inner child trapped within this adult David body saw results. Yona saw the karmic patterns of his hardened karma dissolving, as she channelled the healing. The healing energies once again shone forth to light the way for his salvation.

It was a process of healing for Yona as she met David everyday for a healing session and slowly through the process of this opportunity healed her own inner disquiet with patience and fortitude. Over time, she learnt to trust the awakened spark of intelligence within David and constantly connected with

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his higher intelligence. David’s higher self moved to a spiritual connection of continuity with himself and the Divine. Slowly their bond of togetherness brought them together again.

Today David has fully recovered from his tumor and they are happily living in Jerusalem. Today they have healing sessions in their home and join us in our healing work. David often says to Yona, ‘I thank God everyday in my prayers that you had the courage to stand up to me and moved forward in your healing work. I really know the value of forgiveness that the masters have taught us as I can honestly state today that I have forgiven myself. I thank you, as you channel God’s healing energy to me unconditionally everyday.’

Remember that challenging people and situations are sent to you as your most important teachers. Without them your soul would not grow. Your guidance is that you should let go of the hurt, resentment and anger from the past, understanding that karma is self-

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created and brings with it opportunities for growth and moving beyond.

Then the ‘o’ for ‘obstacles’ in your life will change to ‘O’ for ‘Opportunities to progress’.

When you forgive yourself first and then others, your pain-giving karma is erased out of your soul records. Forgiveness means that you give up the act of holding others responsible for the events in your life coming from your self-created karma. You also give up blaming yourself, and instead affirm that you will deal with events in your life guided by your inherent wisdom and the Divine, not by false ego.

Taking responsibility for your actions, forgiving yourself, you are then able to move forward in your life instead of waiting for someone else to do the work that only you can do to help yourself. As you achieve this, you will enjoy love in your heart and move forward a transformed being. It is only then that you will be able to understand others from deep within yourself bringing forth

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a golden radiance, which reveals the truth of love that transforms and heals.



Stay with each thought a while, reflecting, reviewing, affirming, and expanding this into your life.

§ Giving healing and holding another's hands in moments of distress are some of the pleasures of life that all healers look forward to, and then they reflect on the healing energies available to them and in this process heal themselves of their own distresses.



§ Never say 'no' to any request; find the time to help others and see yourself fulfil your goals as you move forward in life, reaching out to activate the best for yourself.

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§ Never saying ‘no’ doesn’t mean having to say ‘yes’ to everything. Taking time to make up your mind what to do is a perfectly valid option.



§ When you plant seeds of healing and kindness you are leaving behind a legacy for future generation to follow and receive, and in that process improve their karmic destiny.



§ Be a kind and courteous person. Remember, you may be meeting the Divine around the corner and receiving His love in a moment of silence, deeply nourishing yourself in this life form.



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§ Let the pen of your tongue be dipped in the ink of your heart before you communicate anything with others, and of course, with yourself.



§ Remember that people are fallible and disappointments can lead to distress. Always depend on yourself and your relationship with the Divine. Work on it, one day at a time.



§ Life is like a bowl of crystals, generating a myriad of colors to choose from. Each one representing a path of life and creating harmony so that we can continue to sustain our generous status of giving, touching people with our magical colors of kindness.

