

*“Knock and the door will open”*

## *Responsibility*



There are three questions we invariably ask ourselves when faced with difficult decisions and issues of responsibilities:

- Who is in charge of my life?
- Why aren't things working out the way I want?
- Why is this happening to me—Is some external force acting on my life for which I am not responsible?

We all have known people who have recovered or been 'saved' from very serious, threatening and difficult conditions. In such cases they have accepted and credited their recovery to the Divine having taken over and in this realization surrendered to His will. Often the surrendering process has sparked off the unexplainable miraculous intervention.

Rakesh, a public relations officer in a large corporation, invested a substantial portion of his life's savings in a business venture with his cousin, Pradeep.

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Rakesh’s wife Ritu was hesitant about putting their savings with no guarantee of financial return, but Rakesh convinced her that it would be fine.

Four months later the business failed and predictably, Pradeep disappeared. Rakesh was a very sensitive and emotional person who had worked hard to accumulate his wealth. He had a great sense of responsibility towards his wife and loved her dearly.

Many nights were spent in anguish and despair as he pondered on his business acumen and his failure to recognize the trials and pitfalls. As time progressed, Rakesh developed high blood pressure. His trauma and the financial heartache soon developed into a full-blown heart attack. It was a weak and forlorn Rakesh and Ritu who showed up at one of our seminars.

They were desperately looking for solutions and guidance to pull themselves free of their helplessness and rage. As we watched them enter the seminar hall, we recognized a torn aura, a crushed soul, and a wounded body.

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During the healing process Ritu was transformed sufficiently to tell Rakesh, ‘I don’t want the anger you feel towards Pradeep to ruin the rest of *our* lives.’ Soon after that, Rakesh moved on to a new job.

Laughter came back in their lives as Rakesh gradually became free of debt, free of heart disease and high blood pressure. Rakesh and Ritu continued to channel healing to Rakesh’s cousin and ex-business partner and reported that Pradeep was thinking about the financial mess much more than they were, and was now trying to resolve the issue.

Whenever we plan to take decisions that would affect our lives—the way we live, we should ask three questions from the universe about our activities and purpose of life:

- ✓What do you want of me?
- ✓What am I meant to do?
- ✓What is my purpose?

Usually the answers that make us uncomfortable are in the right direction, because the discomfort comes from

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knowing we have to leave something of the old behind in order to move on to a new zone and gain the beneficial energy of progress.

The seven affirmations here indicate a healing cycle of our energy field and with these comes the energy of responsibility and also ‘response ability’. This energy increases our ability to respond to the universe and others making us feel accountable for our actions.

We are happy when we affirm joyfully that we are responsible for our lives—that we have chosen and acted to do this. Reflection on these affirmations also increases our capacity to respond in completeness. These also take away the burden of negative responsibility when we joyfully flow with the spiritual energies that are waiting to help us within this universe.

Whenever we reach out to people and these energies with a request, they respond to us in the realm of our daily responsible actions, thereby leaving us with the sense of well-being and joy.

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*Stay with each thought a while,  
reviewing, affirming and expanding this  
into your life.*

§ I am the soul, giving of myself to others unconditionally, leaving myself open to honesty and truthfulness and sensitivity to others. The joy I encounter prepares me for the days ahead.



§ Love is the highest purpose in the universe, let me surrender it to others, creating space in myself to receive more from the Divine. The center of all loving beings is activated and I continue to enjoy this all-encompassing energy of Divine love.



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§ As I sometimes live in the dark phase of life, I need to connect with the light of love in my heart center and radiate it to all the people around me, and gather together and employ my own energies of strength.



§ Truthfulness and gratefulness are two of the most life-generating energies in my human aura. Let me connect with these everyday to empower myself and see and feel my aura grow.



§ Joy brings with it no place for sorrow or helplessness. It creates a huge energy field, which gives me power to help others and wipe away the tears and sadness of others.



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§ I invest in the love in my heart and reap the rewards of Divine consciousness. I remember that I am equally empowered to guide myself through the brambles and thickets of life and come out a winner.



§ I never regret anything in life while taking responsibility for what I do. I always remember that each opportunity that did not come my way was the test of time—of my patience and response. My walking on is winning, and finding time to help others on this path always increases the pace of my step, inviting Godspeed to my journey.

