

Maha Navratri –September 19 through September 27, 2009

MAHA NAVRATRI

This navratri begins on the first and ends on the tenth day of the bright fortnight (shukla paksha) of the Asvina month. It is also known as the Sharad Navratri.



This auspicious navratri period dedicated to Durga devi and her expansions. It celebrates the slaying of the mahishasura demon.

- The mantras given here are the ones we see as having the maximum beneficial effect for you on the listed day. These may be chanted 7, 9, 11 or 108 times each on the day.

(You may chant Shri Rama-ji's Aarti on the 9th day, navami, after completing the chanting for the day.

*Blessings from the Karma Healing
Masters—
Nalin K Nirula & Renoo Nirula*

<http://www.getting-positive-karma-now.com>

Durga devi's mantras to be chanted daily in addition the day-specific mantras listed.

(Chant 108 times each every day)

|| Om aim hrim klim chamundayai vicche ||

(This mantra may be chanted morning & evening)

|| om glaum hum klim jum sah,
jvaalaye jvaalaye jval jval,
prajval prajval aim hrim klim,
chamundayai vicche jval,
ham sam lam ksham phat svaha ||

Navratri Mantra Chanting

19th September, 2009

DAY – 1

|| Om gan ganpatey namah ||

|| Vidhehi devi kalyaanum vidhehi parmaam shriyam
Rupam dehi jayam dehi yasho dehi dvisho jahi ||

Navratri Mantra Chanting

20th September, 2009

DAY – 2

|| Sarvbhuta yada devi svarg mukti pradayini
tvam stuta stutaye ka va bhavantu parmokt-yaha ||

Navratri Mantra Chanting

21st September, 2009

DAY – 3

|| Durge devi namastubhyam sarv kamaarth sadhike
mum sidhim sidhim va svapne sarvam pradarshay ||

Navratri Mantra Chanting

22nd September, 2009

DAY – 4

Goddess Durga ji

Sato purni sharda
barah varsh kumari
ek mukhi parmashwari
chodah bhuvan dvar

Do mukhi nirmali
terah raksha kari
asht bhuji gyaneshwari
gyarah rudra sabhi

Solah kala sampurni
teeno lok jape
das dvar mein tu bhair
pancham devi dev!

Nau nath
shath darshni
pandrah tithi jaan
chahu disha mein puje
kar durge kaliaan ||

|| Om aim hrim klim chamundaye whiche ||

Navratri Mantra Chanting

23rd September, 2009 - DAY – 5

Goddess Lakshmi ji

Sato devi sharda,
baarah maas kumari,
ek tuki parameshwari,
choudah bhuvan dwar

Do paksh nirmale,
terah devi dev,
asht bhujji saswati,
gyarah rudra srev

Solah kala sampoorani,
triloki upjaiv,
dason disha kar utri,
paanch sevak rev

Nau nath shat darshani,
pandrah tithi gyan,
chaar yug nirmale,
kar lakshmi kalyaan ||

Navratri Mantra Chanting

24th September, 2009 - DAY – 6

|| Sarva mangal mangalye shive sarvarath sadhike
sharanye tryambke gauri narayani namostute ||

|| Om aim hrim klim chamundaye whiche ||

Navratri Mantra Chanting

25th September, 2009 - DAY – 7

Saptshloki Durga

Om gyaninaam api chetansi devi bhagvati hi sa |
balaad akrishya mohaya mahamaya prayachati ||

Durge smrita harsi bhiti mashesh jantoh |
swasthaye smrita mati mateev shubhaam dadasi ||
daridrey dukh bhaye harini ka twedanya |
sarvop kar karnaye sada ardra chita ||

Sarva mangal mangalye shive sarvarath sadhike |
sharanye triambake gauri narayani namostute ||

Sharnagat deenartha paritraan parayane |
sarvasyarthi hare devi narayani namostute ||

Sarva swarooke sarveshe' sarva shakti samanvite |
Bhey bhyas trahi nau devi durge devi namostute ||

Rogaan seshan apahansi tushta rushta
tu kaaman sakalaan bhistaan |
twaam ashritanaam na vipan raanaam
twam ashritaa hi ashrayataam prayaanti ||

Sarva badha prashmanam trilokasya akhileshwari |
eva meva twayaa karyam asmad vairy vinashanam ||

Navratri Mantra Chanting

26th September, 2009

DAY – 8

Chant Shri Bhagvati Astotram before 7:30 am
on 26th Septemeber.

Shri Bhagvati Astotram

Jai bhagvati devi namoh varde, jai paap vinashini
bahu phal de |
jai shumbh nishumbh kapaal dhare, pranmami tu
devi nar aarti hare ||

Jai chandra diwaker netra dhare, jai paavak
bhushit vaktra vare |
jai bhairav deh nileen pare, jai andhak daitya
vishosh kare ||

Jai mahish vimardini shool kare, jai lok samastak
paap hare |
jai devi pitamah vishnu nate, jai bhaskar shakra
shirova nate ||

Jai shan mukh sa yudh ish nute, jai sagar gamini
shambhu nute |
jai dhukh daridra vinash kare, jai putra kalatra
vivridhi kare ||

Jai devi samasth shareer dhare, jai naak
vidarshini dukh hare |
jai vyadhi vinashini moksh kare, jai vanchit
dayini sidhi vare ||

Navratri Mantra Chanting

27^h September, 2009

DAY – 9

All the Navratri mantras can be chanted 11 times
each on this day.

Additionally these following may be chanted:

- Sri Durga Ashtakam
- Sri Sarasvati-ji aarti ('Aey sharde...')
- Sri Rama-ji's aarti
- Sri Rama Ashtakam

Blessings of the Karma Healing Masters
Nalin K Nirula & Renoo Nirula



Shri Rama-ji's Aarti

Shri raamachandra kripaalu bhaju mana, haran bhavabhaya daarunam,
navakanja-lochana, kanj-mukh, kar-kanja, pada-kanjaarunam.

Kandarpa aganita amita chabi, navaniila-niirad sundaram,
pat pith maanahu tadita ruchi suchi, naumi janak sutaavaram.

Bhaju diinabandhu dinesh danav-daity-vansha-nikandanam,
raghunand aananda kanda koshalachanda dashratha nandanam.

Shir mukuta kundala tilaka chaaru, udaar ang vibhuusanam,
aajaanu bhuj shar-chaap-dhar, sangraam-jit-khar-dushanam.

Iti vadati tulasiidaasa shankara-shesha-muni-man-ranjanam,
mam hridaya-kanj-nivas kuru, kaamaadi khal-dal-ganjanam.

Manu jahi raachehu milihu sobaru sahaj sunder savaraon,
karuna nidhan sujan siilu sanehu jaanat raavaro.

Ehi bhanti gauri asis suni siy sahit, hiya harshit ali,
tulsi bhavani pujia puni puni, mudit man mandir chali.

Jaya rama rama, rama rama, rama rama, jai shri rama
jaya jaya rama, jaya jaya rama, jaya jaya rama
jai shri rama!