

Rama Navratri – March 16th through March 24, 2010

RAMA or CHAITRA NAVRATRI

This navratri is known as Rama Navratri, as the 9th day of the chaitra month is Lord Rama's appearance day and immediately follows the navratri period.



This auspicious navratri period dedicated to Durga devi and her expansions is also known as Vasant (spring-time) navratri.

The mantras given here are the ones we see as having the maximum beneficial effect for you on the listed day. These may be chanted 7, 9, 11 or 108 times each on the day.

(You may chant Shri Rama-ji's Aarti on the 8th day after completing the chanting for the day before 7:30 am, as also on navami day.)

*Blessings from the Karma Healing
Masters—
Nalin K Nirula & Renoo Nirula*

<http://www.getting-positive-karma-now.com>

Durga devi's mantras to be chanted daily in addition to the day-specific mantras listed.

(Chant 108 times each every day)

|| Om aim hrim klim chamundayai vicche ||

(Chant – 21 times daily)

|| om glaum hum klim jum sah,
jvaalaye jvaalaye jval jval,
prajval prajval aim hrim klim,
chamundayai vicche jval,
ham sam lam ksham phat svaha ||

Navratri Mantra Chanting 16th March 2010 DAY – 1

|| Vidhehi devi kalyaanum vidhehi parmaam shriyam
Rupam dehi jayam dehi yasho dehi dvisho jahi ||

|| Om aim hrim klim chamundayai vicche ||

Navratri Mantra Chanting 17th March 2010 DAY – 2

|| Sarvbhuta yada devi svarg mukti pradayini
tvam stuta stutaye ka va bhavantu parmokt-yaha ||

|| Om aim hrim klim chamundayai vicche ||

Navratri Mantra Chanting 18th March 2009 DAY – 3

|| Durge devi namastubhyam sarv kamaarth sadhike
mum sidhim sidhim va svapne sarvam pradarshay ||

|| Om aim hrim klim chamundayai vicche ||

Navratri Mantra Chanting 19th March 2009 DAY – 4

Goddess Durga ji

Sato Purni Sharda
Barah Varsh Kumari
Ek Mukhi Parmeshwari
Chodah Bhuvan Dvar

Do Mukhi Nirmali
Terah Raksha Kari
Asht Bhujji Gyaneshwari
Gyarah Rudra Sabhi

Solah Kala Sampurni
Teeno Lok Jape
Das Dvar Mein Tu Bhai
Pancham Devi Dev!

Nau Nath
Shath Darshni
Pandrah Tithi Jaan
Chahu Disha Mein Puje
Kar Durge Kalyan!

|| Om aim hrim klim chamundaye whiche ||

Navratri Mantra Chanting
20 March 2009 - DAY - 5

Goddess Lakshmi ji

|| Sato devi sharda, baarah maas kumari,
ek tuki parameshwari, choudah bhuvan dwar

Do paksh nirmale, terah devi dev,
asht bhuji saswati, gyarah rudra srev

Solah kala sampoorani, triloki upjaiv,
dason disha kar utri, paanch sevak rev

Nau nath shat darshani, pandrah tithi gyan,
chaar yug nirmale, kar lakshmi kalyaan ||

|| Sharnaagat dinart paritraan parayane |
sarvasyaatir hare devi narayani namostute ||
kaali kaali mahakaali kaalika paapharini |
dharma kaam prade devi narayani namostute ||

|| Om aim hrim klim chamundaye whiche ||

Navratri Mantra Chanting
21 March 2010 - DAY - 6

|| Kaali kaali mahakaali kalike paapharini |
sarva vighn hare devi narayani namostute ||
jayanti mangala kali bhadrakaali kapaalini |
durga kshama shiva dhaatri svaaha svadhaa
namostute ||

|| Om aim hrim klim chamundaye whiche ||

Navratri Mantra Chanting
22 March 2010 - DAY - 7

Saptshloki Durga

Om gyaninaam api chetansi devi bhagvati hi sa |
balaad akrishya mohaya mahamaya prayachati ||

Durge smrita harsi bhiti mashesh jantoh |
swasthey smrita mati mateev shubhaam dadasi ||
daridrey dukh bhaye harini ka twedanya |
sarvop kar karnaye sada ardra chita ||

Sarva mangal mangalye shive sarvarath sadhike |
sharanye triambake gauri narayani namostute ||

Sharnagat deenartha paritraan parayane |
sarvasyarthi hare devi narayani namostute ||

Sarva swaroope sarveshe' sarva shakti samanvite |
Bhey bhyas trahi nau devi durge devi namostute ||

Rogaan seshan apahansi tushta rushta
tu kaaman sakalaan bhistaan |
twaam ashritanaam na vipan raanaam
twam ashrita hi ashrayataam prayaanti ||

Sarva badha prashmanam trilokasya akhileshwari |
eva meva twayaa karyam asmad vairy vinashanam ||

|| Ya devi sarvabhutesu buddhirupena samsthita |
namastasyai namastasyai namastasyai namo namah ||

|| Ya devi sarvabhutesu chayarupena samsthita |
namastasyai namastasyai namastasyai namo namah ||

Navratri Mantra Chanting
23rd March 2010 - DAY - 8
Shri Bhagvati Astotram

Jai bhagvati devi namoh varde, jai paap vinashini bahu
phal de |

jai shumbh nishumbh kapaal dhare, pranmami tu devi nar
aarti hare ||

Jai chandra diwaker netra dhare, jai paavak bhushit
vaktra vare |

jai bhairav deh nileen pare, jai andhak daitya vishosh
kare ||

Jai mahish vimardini shool kare, jai lok samastak paap
hare |

jai devi pitamah vishnu nate, jai bhaskar shakra
shirova nate ||

Jai shan mukh sa yudh ish nute, jai sagar gamini
shambhu nute |

jai dhukh daridra vinash kare, jai putra kalatra vivridhi
kare ||

Jai devi samasth shareer dhare, jai naak vidarshini
dukh hare |

jai vyadhi vinashini moksh kare, jai vaanchit dayini
sidhi vare ||

Navratri Mantra Chanting
24 March 2010
DAY - 9

Sri Rama Navami (Lord Rama's Appearance Day)
Chanting of His Aarti (next page)

Maha Laxmi Ji's Shloka

Om Shamesh Wari, Kriyesh Wari,
Swadhesh Wari, Suresh Wari ||

Trived Bharatiesh Wari, Pramaansahesh Wari, Ramesh Wari,
Maakheshwari, ||

Pramod Kaananesh Wari, Brajesh Wari, Braja - Dhipe, Shri
Radhika Namostute ||

|| Bhu Bhav Aansh Bhawan , Bhakti Kalp Lata Shubham
Prathna Yato Yatha-Kaam , Kaam Dhenu Swarupini
Mamah om ||

|| Om Namu Padma Padmavati, Sarv Jan Mohini, Sarv Karya
Karini, Mam Manorath Purni, Mam Chinta Churni, Mam Vikat
Sankat Harni,
Om Namu Padmavati Namah ||

|| Om Sarva Mangal Mangalye, Shive Sarvarath Sadhike
Sharanye Triambake Gauri, Narayani Namostute ||

Blessings of the Karma Healing Masters
Nalin K Nirula & Renoo Nirula



Shri Rama-ji's Aarti

Shri raamachandra kripaalu bhaju mana, haran bhavabhaya daarunam,
navakanja-lochana, kanj-mukh, kar-kanja, pada-kanjaarunam.

Kandarpa aganita amita chabi, navaniila-niirad sundaram,
pat pith maanahu tadita ruchi suchi, naumi janak sutaavaram.

Bhaju diinabandhu dinesh danav-daity-vansha-nikandanam,
raghunand aananda kanda koshalachanda dashratha nandanam.

Shir mukuta kundala tilaka chaaru, udaar ang vibhuusanam,
aajaanu bhuj shar-chaap-dhar, sangraam-jit-khar-dushanam.

Iti vadati tulasidaasa shankara-shesha-muni-man-ranjanam,
mam hridaya-kanj-nivas kuru, kaamaadi khal-dal-ganjanam.

Manu jahi raachehu milihu sobaru sahaj sunder savaraon,
karuna nidhan sujan siilu sanehu jaanat raavaro.

Ehi bhanti gauri asis suni siy sahit, hiya harshit ali,
tulsi bhavani pujia puni puni, mudit man mandir chali.

Jaya rama rama, rama rama, rama rama, jai shri rama
jaya jaya rama, jaya jaya rama, jaya jaya rama
jai shri rama!