

Revised format of the Reiki Opening & Closing AOG **Level 1 through to Master**

Dear Students, this is the revised format of the Attitude of Gratitude (AOG) that all Reiki students and Masters in our lineage will use from this day forward. The word 'thanks' has been replaced by 'gratitude' which best expresses the attitude and approach one must have towards the healing energies and energetics. There is no 'thanks' of equality or equalization possible in any measure whatsoever for what we receive from Reiki by the Grace of the lineage of Masters.

There can only be gratitude, without indebtedness and without equality between Reiki, the Masters and us. This approach and attitude will progress us towards all our goals of life. Please institute this change in all your healing procedures.

With the new format of the Attitude of Gratitude, you will find yourself using the word 'thank' out of past habit. That is no problem, just recall and cancel any statement you might make out of habit using the word 'thank' and replace it with 'gratitude'. It is important to do this for each specific instance of the usage of the word 'thanks' when used in the AOG. Please do not do this mechanically, but correct each and every instance.

Soon you will find it happening quite easily for you and you will also notice that your whole approach to healing will change in a way that will unlock a greatly enhanced result of healing.

Opening AOG

I am grateful to myself for being here, I am grateful to Reiki for being here, I am grateful to (healee name) for being here. Reiki please make (healee name) healed whole and complete. So it is, and I gratefully acknowledge Reiki's Will be done.

Closing AOG

(Healee name) is healed whole and complete. So it is, and I gratefully acknowledge Reiki's Will be done. I am grateful to Reiki, I am grateful to myself and I am grateful to (healee name). [1*] I am grateful to Master Usui, and the lineage of the masters from Master Usui to the present Masters (name of Master/s). [2*]

GIVEN BY MY HAND ON DECEMBER 1, 2014 AT NEW DELHI

With blessings for peace, protection, prosperity and progress, and with love and light to you all.



NALIN NIRULA,

KARMIC HEALING MASTER

GIVEN ON DECEMBER 1, 2014 AT NEW DELHI

Note:

[1*] Reiki 2 and above, insert [I am grateful to the Reiki symbols,]

[2*] Reiki 2 and above, [Draw and chant names of Reiki symbols]