

CURRENT TEACHING SCHEDULE OF THE MASTERS NIRULA

G-13, Palika Bhawan, New Delhi 110066

A-14, ANAND NIKETAN, NEW DELHI – 110 021.

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JANUARY 2010		
COURSES	MEDITATION	WEEKLY MEETINGS
	New Year (Nirulavilas, Dera Mandi) - January 1 st 8.30 am (Friday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
	Lohri (Nirulavilas, Dera Mandi) - January 13 th 7.00 pm (Wednesday)	Assembly - Every Thursday (7.00 – 9:00 pm) (A-14, Anand Niketan)
Reiki I (A-14, Anand Niketan) - January 15 th – 16 th (Fri and Sat)	Makar Sankranti (A-14, Anand Niketan) - January 14 th 8.30 am (Thursday)	
Reiki II (A-14, Anand Niketan) - January 22 nd – 23 rd (Fri and Sat)	Basant Panchmi (A-14, Anand Niketan) - January 20 th 8.30 am (Wednesday)	
Reiki III (A-14, Anand Niketan) - January 29 th – 30 th (Fri and Sat)		
Amavasya 15th January 2010 Full Moon 30th January 2010 Solar Eclipse 15th January 2010.		

FEBRUARY 2010		
COURSES	MEDITATION	WEEKLY MEETINGS
Dr. Mikao Usui's B'day Celebrations (Nirulavilas, Dera Mandi) - February 4 th (Thursday)	Maha Shivratri 1st Shahi Snaan (Kumbh) (A-14, Anand Niketan) - February 12 th 7.00 pm (Friday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
Retreat with the Masters (Nirulavilas, Dera Mandi) - February 5 th – 6 th (Fri and Sat)	HOLI (A-14, Anand Niketan) - February 28 th 7.00 pm (Sunday)	Assembly - Every Thursday (7.00 – 9:00 pm) (A-14, Anand Niketan)
KQ Basic (A-14, Anand Niketan) - February 12 th – 13 th (Fri and Sat)		
KQ Advanced (A-14, Anand Niketan) - February 19 th – 20 th (Fri and Sat)		
KQ Quantum (A-14, Anand Niketan) - February 26 th – 27 th (Fri and Sat)		
Amavasya 13th February 2010 Full Moon 28th February 2010		

MARCH 2010		
COURSES	MEDITATION	WEEKLY MEETINGS
	2nd Shahi Snaan (Kumbh) Chanting (Monday) (A-14, Anand Niketan) - March 15 th 8:30 am	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
Awakening the Inner Conscious Self (A-14, Anand Niketan) - March 12 th – 13 th (Fri and Sat)	Nav Ratri Chanting (A-14, Anand Niketan) - March 16 th – 23 rd 8.30 pm – 10.00 pm (Tuesday - Tuesday)	Assembly - Every Thursday (7.00 – 9:00 pm) (A-14, Anand Niketan)
KQ Celebrations (Nirulavilas, Dera Mandi) - March 19 th (Friday)	Ram Navami (A-14, Anand Niketan) - March 24 th 8.30 am (Wednesday)	
KQ Initiating Teacher III (A-14, Anand Niketan) - March 26 th – 27 th (Fri and Sat)	Hanuman Jayanti Chanting (A-14, Anand Niketan) - March 30 th 7:00 pm (Tuesday)	
Amavasya 15th March 2010 Full Moon 30th March 2010		

APRIL 2010		
COURSES	MEDITATION	WEEKLY MEETINGS
KQ Initiating Teacher I (A-14, Anand Niketan) - April 2 nd – 3 rd (Fri and Sat)	Baisakhi Main Shahi Snaan (Kumbh) - April 14 th 8.30 am (Wednesday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
KQ Initiating Teacher II (A-14, Anand Niketan) - April 9 th – 10 th (Fri and Sat)		Assembly - Every Thursday (7.00 – 9:00 pm) (A-14, Anand Niketan)
Reiki Review (Nirulavilas, Dera Mandi) - April 16 th (Friday)		
KQ Review (Nirulavilas, Dera Mandi) - April 17 th (Saturday)		
Amavasya 14th April 2010 Full Moon 28th April 2010		

MAY 2010		
COURSES	MEDITATION	WEEKLY MEETINGS
Tapping the Shakti (A-14, Anand Niketan) - May 7 th – 8 th (Fri and Sat)	Akshay Tritiya Chanting (Nirulavilas, Dera Mandi) - May 16 th 6:00 pm - 8:30 pm (Sunday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
Reiki I (A-14, Anand Niketan) - May 14 th – 15 th (Fri and Sat)		Assembly - Every Thursday (7.00 – 9:00 pm) (A-14, Anand Niketan)
KQ Basic (A-14, Anand Niketan) - May 21 st - 22 nd (Fri and Sat)		
KQ Advanced (A-14, Anand Niketan) - May 28 th - 29 th (Fri and Sat)		
Amavasya 14th May 2010 Full Moon 27th May 2010		

JUNE 2010		
COURSES	MEDITATION	WEEKLY MEETINGS
Finding Yourself And Nullifying Depression (A-14, Anand Niketan) - June 4 th – 5 th (Fri and Sat)	Nirjala Ekadasi Chanting - June 22 nd 7:00 – 8:30 pm (Tuesday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
KQ Quantum (A-14, Anand Niketan) - June 11 th – 12 th (Fri and Sat)		Assembly - Every Thursday (7.00 – 9:00 pm) (A-14, Anand Niketan)
Reiki II (A-14, Anand Niketan) - June 25 th - 26 th (Fri and Sat)		
Amavasya 12th June 2010 Full Moon 26th June 2010 Lunar Eclipse 26th June 2010		

JULY 2010		
COURSES	MEDITATION	WEEKLY MEETINGS
Heal 2010 / 2011 / 2012 (Nirulavilas, Dera Mandi) - July 9 th - 10 th (Fri and Sat)		Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
Awaken the Happiness (A-14, Anand Niketan) - July 16 th - 17 th (Fri and Sat)		Assembly - Every Thursday (7.00 - 9:00 pm) (A-14, Anand Niketan)
KQ Basic (A-14, Anand Niketan) - July 23 rd - 24 th (Fri and Sat)		
Reiki I (A-14, Anand Niketan) - July 30 th - 31 st (Fri and Sat)		
Amavasya 11th July 2010 Solar Eclipse 11th July 2010 Full Moon 25th July 2010.		

AUGUST 2010		
Courses	Meditation	Weekly Meetings
Tapping the Elements (A-14, Anand Niketan) - August 13 th - 14 th (Fri and Sat)		Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
KQ Advanced (A-14, Anand Niketan) - August 20 th - 21 st (Fri and Sat)		Assembly - Every Thursday (7.00 - 9:00 pm) (A-14, Anand Niketan)
Harnessing Wellness & Building on Meditation (A-14, Anand Niketan) - August 27 th - 28 th (Fri and Sat)		
Amavasya 10th August 2010 Full Moon 24th August 2010		

SEPTEMBER 2010		
Courses	Meditation	Weekly Meetings
Healers And Healing Psychics (A-14, Anand Niketan) - September 3 rd - 4 th (Fri and Sat)	Janmashtmi (A-14, Anand Niketan) - September 2 nd 8.30 am (Thursday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
	Ganesh Chaturthi (A-14, Anand Niketan) - September 11 th 8.30 am (Saturday)	Assembly - Every Thursday (7.00 - 9:00 pm) (A-14, Anand Niketan)
Delhi Retreat (Nirulavilas, Dera Mandi) - September 23 rd - 24 th (Thurs and Fri)		
Excursion (Nirulavilas, Dera Mandi) - September 25 th (Saturday)		
Yantra Mantra Tantra (Nirulavilas, Dera Mandi) - September 26 th (Sunday)		
Theory Of Karma (Nirulavilas, Dera Mandi) - September 27 th (Monday)		
Outside Retreat - September 28 th - 2 nd October (Tue - Sat)		
Amavasya 8th September 2010 Full Moon 23rd September 2010		

OCTOBER 2010		
Courses	Meditation	Weekly Meetings
Initiating Teacher IV (Nirulavilas, Dera Mandi) - October 4 th - 5 th (Mon and Tue)	Shradh (Nirulavilas, Dera Mandi) - October 7 th 8:30 am (Tuesday)	
Initiating Teacher III (A-14, Anand Niketan) - October 6 th - 7 th (Wed and Thur)	Navratri Chanting (A-14, Anand Niketan) - October 8 th - 15 th 8:30 pm - 10:00 pm (Fri - Fri)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
Initiating Teacher I (A-14, Anand Niketan) - October 8 th - 9 th (Fri and Sat)	Ram Navami (A-14, Anand Niketan) - October 16 th 8.30 am (Saturday)	Assembly - Every Thursday (7.00 - 9:00 pm) (A-14, Anand Niketan)
Initiating Teacher II (A-14, Anand Niketan) - October 15 th - 16 th (Fri and Sat)	Dussehra (A-14, Anand Niketan) - October 17 th 8.30 am (Sunday)	
	Karva Chauth (A-14, Anand Niketan) - October 26 th 4:00 pm (Tuesday)	
Amavasya 7th October 2010 Full Moon 22nd October 2010.		

NOVEMBER 2010		
Courses	Meditation	Weekly Meetings
	Diwali (A-14, Anand Niketan) - November 5 th 8.30 am (Friday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
		Assembly - Every Thursday (7.00 - 9:00 pm) (A-14, Anand Niketan)
KQ Basic (A-14, Anand Niketan) - November 19 th - 20 th (Fri and Sat)		
Healing Relationships (A-14, Anand Niketan) - November 26 th - 27 th (Fri and Sat)		
Amavasya 6th November 2010 Full Moon 21st November 2010.		

December 2010		
Courses	Meditation	Weekly Meetings
KQ Advanced (A-14, Anand Niketan) - December 3 rd – 4 th (Fri and Sat)	Christmas (Nirulavilas, Dera Mandi) - December 25 th 8:30 am (Saturday)	Blessing Meet - Every Wed (8.15 - 9.00 am) (A-14, Anand Niketan)
Anti-Tantra (A-14, Anand Niketan) - December 10 th - 11 th (Fri and Sat)	New Year (Nirulavilas, Dera Mandi) - January 1 st 2011 8:30 am (Saturday)	Assembly - Every Thursday (7.00 – 9:00 pm) (A-14, Anand Niketan)
Reiki I (A-14, Anand Niketan) - December 17 th - 18 th (Fri and Sat)		
Heal 2011 (Nirulavilas, Dera Mandi) - December 24 th - 25 th (Fri and Sat)		
Retreat (Nirulavilas, Dera Mandi) - December 26 th (Sunday)		
Amavasya 5th December 2010	Full Moon 21st December 2010	Lunar Eclipse 21st December 2010